An Overview of HIV Epidemiology in Pennsylvania

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Quick Note

Data for the years 2020 and 2021 should be interpreted with caution due to the impact of the COVID-19 pandemic on access to HIV testing, carerelated services, and case surveillance activities in state/local jurisdictions. Therefore, more time and data are needed to accurately assess COVID-19's impact on HIV in Pennsylvania (Pa.).



Overview of HIV Epidemiology in Pa.

- As of year-end 2022, a total of 64,669 people have been diagnosed and reported with HIV in Pa.
- In 2022, a total of 916 people newly diagnosed with HIV
- A total of 4,597 people were newly diagnosed and reported from 2018 to 2022
- There are an estimated 41,364 people living with HIV (PLWH) at year-end 2022



Number of People Newly Diagnosed With HIV by Selected Characteristics in Pa., 2022 (N=916)

Selected characteristics	Number	Percent
Total	916	100
Birth sex		
Female	194	21.2
Male	722	78.8
Transmission mode		
Heterosexual contact	138	15.1
Injection drug use (IDU)	82	9.0
Male-to-male sexual (MSM) contact	472	51.5
MSM&IDU	34	3.7
Pediatric mode	2	0.2
Unknown	188	20.5



Number of People Newly Diagnosed with HIV by Selected Characteristics in Pa., 2022 (N=916)

Selected characteristics	Number	Percent
Total	916	100
Age at diagnosis		
0-12	1	0.1
13-14	1	0.1
15-24	149	16.3
25-34	357	39.0
35-44	212	23.1
45-54	108	11.8
55-64	66	7.2
≥65	22	2.4
Race/ethnicity		
American Indian/Alaskan Native (AI/AN)	3	0.3
Asian	15	1.6
Black/African American	389	42.5
Hispanic	194	21.2
Multiple race	35	3.8
White	280	30.6

Hispanic/Latino people can be of any race



Number of People Newly Diagnosed HIV by Age at Diagnosis and Transmission Mode in Pa., 2022 (N=916)

	Transmission Mode							
Age at diagnosis	Heterosexual contact	IDU	MSM	MSM& IDU	Pediatric mode	Unkn own		Total
(years)	No.	No.	No.	No.	No.	No.	No.	%
0-12	0	0	0	0	1	0	1	0.1
13-14	0	0	0	0	0	1	1	0.1
15-24	18	2	105	5	1	18	149	16.3
25-34	49	32	206	16	0	54	357	39.0
35-44	36	26	89	7	0	54	212	23.1
45-54	17	15	43	2	0	31	108	11.8
55-64	13	7	23	4	0	19	66	7.2
≥65	5	0	6	0	0	11	22	2.4
Total	138	82	472	34	2	188	916	100



Number of People Newly Diagnosed HIV by Transmission Mode and Race/Ethnicity in Pa., 2022 (N=916)

	Transmission mode							
	Heterosexual contact	IDU	MSM	MSM& IDU	Pediatric mode	Unknown		Total
Race/ ethnicity	No.	No.	No.	No.	No.	No.	No.	%
Asian	1	1	10	0	1	2	15	1.6
Black/African American	65	18	204	7	0	95	389	42.5
Hispanic/Latino	30	13	101	5	1	44	194	21.2
Multiple race	9	2	16	1	0	7	35	3.8
NHPI	0	0	3	0	0	0	3	0.3
White	33	48	138	21	0	40	280	30.6
Total	138	82	472	34	2	188	916	100

Hispanic/Latino people can be of any race



Number of New Diagnoses of HIV Disease by County in Pa., 2022



Data source: Pa. HIV surveillance



Number of People Newly Diagnosed With HIV in Pa., 2018-2022





Selected Characteristics of Newly Diagnosed HIV in Pa., 2018-2022

- By sex at birth, the number of newly diagnosed individuals that were females was 1,000 (21.8%) compared to 3,597 (78.2%) males in the five-year period
- Considering race/ethnicity among newly diagnosed individuals, 11 (0.2%) were American Indian/Alaskan Native (AI/AN), 62 (1.3%) identified as Asian, 2,106 (45.8%) were Black/African American, 884 (19.2%) were Hispanics, 172 (3.7%) were multiple race, and 1,360 (29.6%) identified as white, and 2 were Native Hawaiian Pacific Islander (NHPI)



Percentage of Newly Diagnosed HIV by Age at Diagnosis in Pa., 2018-2022 (N= 4,597)





Risk Characteristics of Newly Diagnosed HIV in Pa. 2018-2022

- In Pennsylvania, 2,366 (51.5%) of all newly diagnosed HIV individuals in the five-year period were MSM. Heterosexual contact accounted for 924 (20.1%), 403 (8.8%) were IDU related, 197 (4.3%) were MSM&IDU, 9 (0.2%) were pediatric mode, and 698 (15.2%) had unknown transmission risk
- The proportion of newly diagnosed HIV that were attributable to MSM was 47.8% (482/1,008) in 2018 and 51.5% (472/916) in 2022
- The proportion of newly diagnosed HIV attributable to heterosexual contact was 22.5% (227/1,008) in 2018 and 15.1% (138/916) in 2022
- There were 104 (10.3%) individuals newly diagnosed with HIV which was IDU-related in 2018 compared to 82 (9%) individual in 2022



Number of PLWH by Selected Characteristics in Pa., 2022

Selected characteristics	Number	Percent
Total	41,364	100
Sex		
Female	11,102	26.8
Male	29,797	72.0
Transgender	465	1.1
Transmission mode		
Heterosexual contact	11,956	28.9
IDU	6,524	15.8
MSM	17,142	41.4
MSM&IDU	1,854	4.5
Other*	3,192	7.7
Pediatric mode**	696	1.7

Other*= No Risk Reported (NRR), No Identified Risk(NIR) Pediatric mode**=Pediatric mode, Pediatric NRR, and pediatric other



Number of PLWH by Selected Characteristics in Pa., 2022 (Cont'd)

Selected characteristics	Number	Percent
Race/ethnicity		
American Indian/Alaskan Native (Al/AN)	54	0.1
Asian	384	0.9
Black/African American	18,920	45.7
Hispanic/Latino	7,783	18.8
Multiple race	1,974	4.8
Native Hawaiian Pacific Islander (NHPI)	23	0.1
White	12,226	29.6
Age at year-end 2022 (years)		
0-12	41	0.1
13-14	16	0.0
15-24	877	2.1
25-34	5,573	13.5
35-44	7,309	17.7
45-54	8,810	21.3
55-64	12,023	29.1
≥65	6,715	16.2

Hispanic/Latino people can be of any race



Pa. Department of Health (PADOH) Health Districts

Pennsylvania Department of Health Community Health Districts



Number of PLWH in PADOH Regions, Pa., 2022

Region	Number	Percent
Northcentral (NC)	1,180	2.9
Northeast (NE)	3,874	9.4
Northwest (NW)	970	2.3
Southcentral (SC)	3,884	9.4
Southeast (SE)	26,555	64.2
Southwest (SW)	4,901	11.8
Total	41,364	100

DEPARTMENT OF HEALTH

Number of PLWH in PADOH Regions by Sex/Gender in Pa., 2022

PADOH	Female	Male	Transgender	Total
Regions	No.	No.	No.	No.
NC	226	950	4	1,180
NE	1,278	2,578	18	3,874
NW	237	733	0	970
SC	1,090	2,772	22	3,884
SE	7,395	18,791	369	26,555
SW	876	3,973	52	4,901
Total	11,102	29,797	465	41,364



Number of PLWH in PADOH Regions by Transmission Mode in Pa., 2022

	PADOH Regions						
Transmission	NC	NE	NW	SC	SE	SW	Total
mode	No.	No.	No.	No.	No.	No.	No.
Heterosexual							
contact	268	1,263	244	1,091	8,133	957	11,956
IDU	227	619	134	598	4,577	369	6,524
MSM	452	1,311	387	1,647	10,445	2,900	17,142
MSM&IDU	81	153	73	169	1,119	259	1,854
Other	127	436	109	304	1,848	368	3,192
Pediatric mode	25	92	23	75	433	48	696
Total	1,180	3,874	970	3,884	26,555	4,901	41,364

Other*= No Risk Reported (NRR), No Identified Risk(NIR) Pediatric mode**= Pediatric, Pediatric NRR, Pediatric NIR, and Pediatric other Data source: Pa. HIV surveillance 18



Number of PLWH in PADOH Regions Race/Ethnicity in Pa., 2022

	PADOH Regions						
	NC	NE	NW	SC	SE	SW	Total
Race/ethnicity	No.	No.	No.	No.	No.	No.	No.
AI/AN*	2	2	1	2	46	1	54
Asian	11	24	3	27	275	44	384
Black/African							
American	343	882	276	1,095	14,474	1,850	18,920
Hispanic	229	1,398	105	874	4,850	327	7,783
Multiple race	62	232	60	235	1,032	353	1,974
NHPI**	0	0	0	3	14	6	23
Unknown	0	0	0	0	1	0	1
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White	533	1,336	525	1,648	5,863	2,320	12,225
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lotal	1,180	3,874	970	3,884	26,555	4,901	41,364

*AI/AN=American Indian/Alaska Native **NHPI= Native Hawaiian Pacific Islander

Hispanic/Latino people can be of any race Data source: Pa. HIV surveillance





- Overall, the number of people newly diagnosed with HIV dropped by 9.1% in 2022 compared to 2018
- Females and individuals aged 15 to 24 years old who are MSM were mainly responsible for the decline
- However, males, Black/African American, individuals aged 25 to 34 years old, and MSM continue to be disproportionately impacted by the pandemic



Summary, Cont'd

- In 2022, males accounted for 79% of all newly diagnosed individuals while making up 49% of the population
- MSM accounted for 52% of all newly diagnosed individuals while making up 3.6% of the population ²
- Individuals aged 25 to 34 years old were 39% of all newly diagnosed individuals while making up 13% of the population
- Black/African American were 43% of all newly diagnosed individuals while making up 12% of the population

Data sources:

1. Pa. HIV surveillance

2. Grey, J. A., Bernstein, K. T., Sullivan, P. S., Purcell, D. W., Chesson, H. W., Gift, T. L., & Rosenberg, E. S. (2016). Estimating the Population Sizes of Men Who Have Sex With Men in US States and Counties Using Data From the American Community Survey. JMIR public health and surveillance, 2(1), e14. https://doi.org/10.2196/publichealth.5365



Summary, Cont'd

- Among PLWH, 72% were male, 41.4% were MSM, 45.7% were blacks/African American, 45.3% were aged 55 years and older, and 16.2% are aged 65 years and older
- Individuals who identify as transgender accounted for 1.1% of PLWH
- The SE region accounted for about 2 out 3 PLWH in Pa.
- Overall, while the number of new diagnosis of HIV have been decreasing the number of PLWH in Pa. has been increasing









Contact Information

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Pennsylvania Medical Monitoring Project

Michelle Clarke Medical Monitoring Project Coordinator Bureau of Epidemiology

Pennsylvania HIV Conference September 14, 2023





What is the Medical Monitoring Project?

- The Medical Monitoring Project (MMP) is a surveillance system designed to learn more about the experiences and needs of people who are living with HIV
- It is funded by the Centers for Disease Control and Prevention (CDC)
- It is supported by several government agencies and conducted by state and local health departments



Participants for Recruitment

- There are two MMP sites in Pennsylvania:
 - Pennsylvania (66 counties) with 200 people
 - Philadelphia with Philadelphia county with 400 people
- People who have tested positive for HIV (positive labs are reported to the Pennsylvania Department of Health) are maintained in a surveillance system
- The amount of federal money sent to Pennsylvania depends on the number of people in the surveillance system
- People chosen for this project are randomly picked from the surveillance system



Time Frame for MMP Cycle

- Starting June 1 of each year, recruitment begins
- Last day of recruitment is April 15 of the next year. Example 6-1-2023 to 4-14-2024
- Medical records are also obtained during the cycle to see how many times participants went for care and medications



Benefits to Participants

- The questionnaire is called a "Health Survey" in letters and phone calls
- Participation is voluntary
- CDC hopes at least 50% of people on the list would agree to participate
- Participants receive a \$50 gift card (VISA, Target, Walmart, a choice) and information if asked about services



MMP Questionnaire

- Participants need to be a resident of Pennsylvania (excluding Philadelphia County) on December 31 of the previous year and over 18 years of age
- A statement of consent is read about the project beforehand
- The questions take about 45 minutes to an hour
- Questions can be done in person or over the phone
- The questions are about stigma, discrimination, insurance, trouble paying for medical bills and medicines, ability to take of yourself and your family, sex practices, along with met and unmet needs, etc.



Interviews and Medical Record Abstraction (MRA) Completed

Sample Size	Interviews	MRAs	
Current Total		29	10
Target (50% of Eligible Samp	le 95% of Interviewed)	89	85
October 15 th Benchmark (6	60% 30%)	53	25
Weeks to 1 st Benchmark	6	6	
Number per week to reach 1	st Benchmark	4	3
January 15 th Benchmark (8	80% 60%)	71	51
Weeks to 2 nd Benchmark		19	19
Number per week to reach 2	2 nd Benchmark	3	3
Final Benchmarks (100%	89	28	
Weeks to April 15 th /May 15 ^{tr}	32	36	
Number per week to reach F	inal Benchmarks	2	1



What Happens with the Information

- Information collected is sent to the CDC, but the participant's name is not shared
- The data is used to help decide funding at the federal level for future services to see where more money is needed or needs adjustment
- Participant responses help to align funds to what services are needed most



What Does the Data Tell us?

- By collecting locally and nationally representative behavioral and medical record data from people living with HIV, MMP helps to answer the following questions:
 - How many people living with HIV are receiving medical care for HIV?
 - How easy is it to access medical care, prevention, and support services?
 - What are the met and unmet needs of people living with HIV?
 - How is treatment affecting people living with HIV?



Why Participate in MMP?

- MMP is unique in that it describes comprehensive clinical and behavioral information from persons randomly sampled to represent everyone diagnosed with HIV
- Because MMP's estimates are designed to be representative, information gathered may be used by prevention planning groups, policy leaders, health care providers, and people living with HIV to highlight disparities in care and services and advocate for needed resources



Everybody wins with MMP

- Participants receive a \$50 gift card for their time
- CDC receives the data (no PII) to see where needs are met or unmet
- Funding decisions at CDC are made based on the data to help with program activities



Thank you

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An Overview of Data-To-Care Project

Aditi Anand, MPA Division of HIV Prevention Data-to-Care Public Health Program Administrator



Outline

- What is Data to Care (D2C)?
- Why is it important?
- Main steps in D2C
- A high-level workflow on the D2C model
- D2C review of Quarter 1 and 2 results



What is D2C?

- A public health strategy using HIV surveillance and other data to identify individuals living with HIV who are out of care and re-engage them
- D2C activities require collaborative efforts between the health department, HIV medical providers, and essential support service providers

Goals:

- To increase the number of persons living with HIV who are engaged in medical care
- To increase the number of persons living with HIV who are virally suppressed

What is D2C, Cont'd?

- A significant component of D2C is evaluation of evidence of care, which is measured by a presence of at least one HIV care marker in the previous 12months.
- Care markers include:
 - A documented CD4 count/percent
 - A documented HIV viral load
 - A documented HIV genotype sequencing lab
 - A confirmed HIV medical appointment
 - A documented HIV antiretroviral therapy (ART) prescription



Main Steps in D2C Program

Step

Identify PLWH who are not receiving medical care.

Investigate other databases & conduct outreach to locate, interview, and verify patient care status.

Linkage to HIV Medical Care for individuals confirmed not be in care.

Step 4

Identify and address clients' need for **support services** to facilitate retention in care and adherence to HIV treatment



Provide appropriate HIV prevention services.

Step 6

Update and improve surveillance data with information obtained through D2C process



Determining Presumptive Not in Care (NIC) Clients

Responsibility of Central Office

- Generate a monthly list of presumptive NIC patients who meet the eligibility criteria
- Use data sources across HIV Prevention and Care

D2C Eligibility Criteria:

- Must have a confirmed HIV diagnosis reported to Department of Health (DOH)
- Must have their last known residence in Pennsylvania
- Must be currently living at the time of the NIC list generation
- Meets the Presumptively NIC definition



A client is considered presumptively NIC if they meet the following eligibility criteria:

- Having no care marker in the twelve months prior to creation of the NIC list (NIC period), with evidence of care (at least one care marker) within a year prior to the start of the NIC period.
- Living and residing in the Commonwealth of Pennsylvania (excluding the city of Philadelphia) at the time of creating the NIC list



Data Sources for D2C

- PA-NEDSS (Pennsylvania National Electronic Disease Surveillance System) - a laboratory-based data system which captures specific provider and laboratory information for clients
- eHARS (Enhanced HIV/AIDS Reporting System) contains a comprehensive HIV/AIDS surveillance data system
- ART claims data from the Special Pharmaceutical Benefits Program (SPBP) - a Commonwealth of Pennsylvania assistance program which provides pharmaceutical assistance and specific lab services to low to moderate income PLWH
- People Search Software- a government-use people search software which provides most recent address and updated vital status for PLWH
- CAREWare an electronic health and social support services information system for HRSA's Ryan White HIV/AIDS Program recipients and providers



High-level Central Output workflow

HIV Surveillance completes data review from PA-NEDSS, SPBP, People Search, eHARS, CAREWare, and death records to extract a NIC client list from each county every month to create presumptive not-in-care list

Central Office emails NIC list to CMHD and Department field staff by jurisdiction every month

CMHD and Department field staff conduct re-engagement activities (speak with providers, call clients, send letters, and field visits) to ensure PLWH are in care



D2C Coordinator reports activity at monthly D2C meeting D2C Coordinator reviews the follow-up activities for completeness and accuracy CMHD and Department field staff complete follow-up activity in PA-NEDSS to document re-engagement efforts



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Summary of activities from Jan '23 to May/June '23

Cycle	Total NIC	Completed cases	Percent Completion
January '23	337	297	88%
February '23	68	53	78%
March '23	11	10	91%
April '23	41	31	76%
May/June '23	56	22	39%



First Quarter D2C Results (n=416)





First Quarter D2C Results (n=416)





Second Quarter D2C Results (n=97)





Second Quarter D2C Results (n=97)





Summary

- The first round (in January) had the highest number of cases as predicted.
 - Given that some counties had a huge number of cases, we extended the deadline from 30 days to 60 days
- Benchmark for first two quarters (January to June) was 75%.
 - Completion rate for Quarter 1 was 87% and for Quarter 2 was 66%.
 - 42 cases were linked to care in Quarter 1 and 13 cases were linked to care in Quarter 2.
- Among the individuals who were re-linked to care, follow up investigation showed the following:
 - 24 individuals had undetectable viral load.
 - 15 individuals showed decrease in their viral load.
 - 6 individuals showed increase in their viral load.



- •Improvements in D2C code:
 - Reduce the number of cases "already in care."
 - Addresses were Accurint verified for accuracy and updated directly in PA-NEDSS.
- •Issues were identified regarding provider CD4 and viral load reporting. This led to a delay in a few counties.
 - The issue has been resolved.







An Overview of Pennsylvania Department of Health HIV Cluster Detection and Response Activities



Martin Ngokion, MD, MPH. Epidemiologist

PA HIV Cluster Detection and Response Coordinator

HIV Surveillance & Epidemiology Program



Objectives

- Provide an overview of the Pennsylvania HIV Cluster Detection and Response (PA HIV CDR) activities
- Provide the definition of the different types of HIV clusters/outbreaks
- Summarize some of the benefits of the CDR activities
- Discuss roles, responsibilities, and participation of communities as stakeholders to the CDR activities



A Cluster Detection and Response is a CDC grant requirement that includes different actions:

- Develop
- Maintain
- Implement a plan to respond to HIV transmission clusters and outbreaks



What is the PA HIV CDR

- A new tool in the fight against HIV
- Part of ongoing routine Core HIV Surveillance and Prevention activities
- Required activity by CDC since 2018
- All states, territories and metropolitan areas are required to carry out similar activities
- Future HIV funding is related to what extent PA DOH met CDR performance measures



What is the PA HIV CDR, Cont'd

- PA HIV CDR is a strategy to monitor, detect and respond to any potential HIV transmission cluster and outbreak in PA
- To be used in conjunction with the PADOH Emergency Operations Plan (EOP), and any other plans that may be applicable to the management of major clusters and outbreaks in PA



Enable the PADOH and stakeholders to:

- Provide a strategic framework for PADOH and its partners in detecting, responding to and containing HIV transmission clusters
- Rapidly detect the most recent, active and ongoing HIV transmission clusters before they become outbreaks
- Implement quickly appropriate responses to stop HIV transmission



Enable the PADOH and stakeholders to:

- Carries out long term actions and interventions to prevent HIV clusters and large outbreaks in the future
- Reduce HIV transmission, risk and related stigma by directing prevention activities and resources to the community where they are needed the most



Phases of PA HIV CDR

Cumulative Activities





What is a HIV Transmission Cluster/Outbreak

- A HIV cluster is an increase of cases above the expected numbers in a limited time such as months or years in a particular geographic area
- HIV clusters or outbreaks refer to groups of people that are experiencing rapid HIV transmission



Types of HIV Transmission Clusters

- Time-space Clusters
 - Time and space
 - Based on analysis of HIV diagnosis data
- Molecular Clusters
 - The cluster shares the same HIV strains
 - Based on analysis of the genetic material of the HIV virus reported by the laboratories as HIV drug resistance test results
 - This analysis is like the one done for foodborne outbreaks such as E.coli, salmonella ----→ recalls of products (Example: Baby Formula)



Molecular Cluster Data Origin





Importance of HIV Drug Resistance Testing



Number of Identified Clusters by Type, Entity and Year, 2018-2022, PA

Cluster Type	CDC National Clusters				PA Clusters							
	2018	2019	2020	2021	2022	2018	2019	2020	2021	2022	Total	
	No.	No.	No.	No.	No.	No.	No.	No.	No.	No.	No.	%
Molecular	1	1	0	0	1	0	6	1	1	0	8	40
Time- Space	0	0	0	0	0	1	1	5	5	2	14	60
Total	1	1	0	0	1	1	7	6	6	2	22	100



Some Benefits of PA HIV CDR Activities

- Allow to more effectively reach and serve more people with or at risk for HIV
 - Make testing easier and faster and can detect infection to prevent transmission
 - Link individuals to care. Treatment saves lives and prevents transmission and new infections
 - Refer HIV-negative individuals to PrEp or PEP to prevent new infections
- Reach out to the networks in the clusters
 - Provide the services they need
 - Identify gaps in care and services
 - Understand barriers to care and prevention
 - Develop approaches to overcome them



Roles of Community and Stakeholders in HIV CDR Activities

- Your participation is crucial in this initiative because you, the stakeholders are at the front line of the HIV detection and response activities
- You know your community, available local resources, concerns and potential solutions
- You can help in the detection and implementation of HIV outbreak response activities
- You can help in identifying gaps in services and resources





Roles of Community and Stakeholders in HIV CDR Activities, Cont'd

- Encourage the communities and stakeholders to participate in efforts to stop transmission and end HIV
- Encourage clients to engage in Partner Services
- Assist in preventing HIV transmission and related stigma
- Advocate for CDR initiatives so we can end HIV in Pennsylvania



Summary

- The presence of an HIV cluster or outbreak is a sign of increased HIV transmission among a group of people in an area or in a sexual or social network
- CDR requires input and collaboration from diverse groups for optimal outcomes
- Your collaboration and participation are crucial to
 - Stop and prevent HIV transmission
 - Reduce risk and related stigma
 - Enhance linkage to care and prevention activities



Together We Can End HIV

• Yes, with your participation WE CAN END THE HIV EPIDEMIC in PA










For More Information

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